



The best activities guide around!

**JANUARY 2006**



**YS Skiing and Snowboarding – 7th**  
**Newcomer's Orientation – 10th**  
**CZCC DoD Show "Lemme" – 14th**  
**CZCC Seafood Feast – 20th**  
**CZCC Furniture Sale – 28th - 29th**



# SEOUL FURNITURE SALE *in the Garden Room*



Saturday, 28 January • 9 am - 5 pm

Sunday, 29 January • 10 am - 4 pm



*Satisfaction*  
**GUARANTEED!**

**Oriental Deco**

*\*For more information, please call  
Ms. Fujiko Komatsu, 263-4547*



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

# ZAMA Community BUGLE

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### THIS MONTH'S COVER

2006 is the "Year of the Dog" according to the Asian Zodiac of 12 animals. This month, we feature Tess, owned by Trevor Harding, manager of the DMWR Pet Boarding Kennel. Tess is our model for the year of the dog. People born in "dog years": 1934, 1946, 1958, 1970, 1982, 1994 and 2006 are said to be "loyal and honest, they are well liked and have a sense of duty which makes them good workers". Trevor manages a great facility for boarding your pet while you are away. Call 263-5915 for reservations. If you are interested in adopting a pet, please stop by the adjacent veterinary service facility where pets are available to loving homes. For more information on Zodiac Animals, check your Zama Library.

*Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta.*





# C

amp Zama

Youth Center will be closed  
1 - 2 January for the New Year  
holiday.. Happy New Year.

For information, [http://  
zamayouthcenter.org/cal/YTL/  
2006/jan/ppt.html](http://zamayouthcenter.org/cal/YTL/2006/jan/ppt.html)

## ICE SKATING AT FUCHINOBE PARK

21 January, 1200 - 1700

The cost of the trip is ¥1,000.  
Call Mr. Chance at 263-4066 for  
more information.

## Child and Youth Services • 263-4500

[www.zamayouthcenter.org](http://www.zamayouthcenter.org)

### LEARN THE BASICS OF POWERPOINT

Thursday, 5 January, "Learn the basics of PowerPoint" and how to use interactive buttons. PowerPoint is much more than a linear presentation tool. You can create fun and interactive games using PowerPoint. Join us and learn how to make "Jeopardy" and "Who Wants To Be a Millionaire"? Classes are given in the Tech Lab at the Youth Center on Thursdays from 3:30 - 4:30 pm and are free to members.

### PAINTBALL TRIP TO YOKOSUKA

Saturday, 14 January, there will be a paintball trip to Yokosuka Naval Base indoor facility. Cost of the trip is \$30 for admission and transportation. There are only 30 seats avail-

able on the bus. Please get your registration forms in by 7 January. A minimum of 10 participants are needed to justify the trip.

### "WHO WANTS TO BE A MILLIONAIRE"

Create your own "Who Wants to be a Millionaire" Thursday, 19 January, 3:30 - 5 pm.

### CONTEST

- Celebrate Martin Luther King Jr's birthday by creating a PowerPoint Show/Presentation Thursday, 19 January, 3:30 - 5 pm. All entries will be posted on our website.
- 4H "Communication Fair", 26 January, 3:30 - 5 pm.

### 6TH GRADE HAPPENING

The monthly "6th Grade Happening" is scheduled 20 January from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA Commissary, and the Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.

### HAPPO-ONE SKI RESORT

Enjoy an exciting day of "Happo-One Ski Resort" on Friday, 27 January. The bus will depart the youth center at 4 am and will return at 9 pm. The cost (\$45) includes FREE ski or snowboard rental, transportation and free instruction by a trained professional. You must go to Outdoor Recreation for your equipment 7 days prior to the trip. Sign up at the Resource and Referral Office, Bldg 533, or phone 263-4743.

### BGCA DIGITAL ARTS FESTIVAL

Friday, 27 January, is the BGCA Digital Arts Festival in movie making. This year's theme is Boys and Girls Clubs "Yesterday, Today and Tomorrow". This year's festival coincides with the 100 year anniversary of the National Boys and Girls Club Movement, and artwork should depict the past, present and future of clubs.

**TANBARA SKI PARK**  
**SKIING & SNOWBOARDING**  
**\$45**  
**17 January**

Enjoy an exciting day of skiing and snowboarding at Tanbara Ski Park. The bus will depart the Youth Center at 4 am and will return at 9 pm. The cost (\$45) includes ski or snowboard rental, transportation and free instruction by a trained professional. You must go to Outdoor Recreation for your equipment 7 days prior to the trip. Sign up at the Resource and Referral Office, Bldg. 533.

## ■ Child Development Center • 2676564

### SAGAMIHARA HOUSING AREA

#### • **SHA CDC Closed:**

- \* Monday, 2 January
- \* Monday, 16 January for the Martin Luther King Jr. birthday.

• **SHA CDC PAC Meeting** (for patrons only) will be held on Tuesday, 10 January, 4 - 4:45 pm, at the Sagamihara Housing Area Child Development Center.

For more information, phone 267-6564/263-5723.

### ZAMA CHILD DEVELOPMENT CENTER

#### • **Zama CDC Closed**

- \* Monday, 2 January
- \* Monday, 16 January for the Martin Luther King Jr. birthday.

#### • **PAC Meeting**

Wednesday, 11 January, 4 - 5 pm.

For more information, please call Betty Huebner, 263-8081.

Zama Child Development Center

# "PARENTS NIGHT OUT"

6 January, 6:30 - 11:30 pm

Zama CDC Hourly Care is offering a Special Friday  
"Parents Night Out".

Please serve dinner prior to dropping off your kids (only snacks will be provided).

For reservations:

- Call the Resource and Referral Office at 263-4743/4125, NLT 4 January.
- Hourly care fee must be paid in advance at the Resource and Referral Office.
- Payment or cancellation must be made by 4 January.
- Your child must be registered in the CYS program and immunizations must be up to date.
- We must have 15 participants.
- For more information, please call Betty Huebner, 263-8081.



## ■ School Age Services • 2676013

Enrollment is always open at SAS for children ages 6 - 12. This is a unique program with many exiting activities and clubs. We offer field trips on half a day/no school days.

The School Age Services staff welcomes all newcomers to the area to experience the vigor of the programs offered.

You can pick up a registration package and register at the Resource and Referral Office located in Bldg 533 on Camp Zama, or please call 263-4125.

## Youth Sports & Fitness Schedules

### FOR JANUARY:

- **Parents Association for Youth Sports (PAYS) Meeting**  
Mandatory for parents of children in Youth Sports and Fitness.  
Meeting at the Zama Youth Center 5 January, 6:30 pm.
- **Basketball Skills Assessment** - 7 January, 1 pm at Zama Youth Center, followed by the coaches meeting.
- **Cheerleading Coaches Meeting**  
10 January, 5 pm at the Zama Youth Center.
- **Inline Hockey and Volleyball Season Ends On.**  
14 January
- **Basketball Season Begins** - 21 January

### FOR FEBRUARY:

- **Baseball, Softball and Hot Shot Baseball Season**  
Registration dates: 1 February - 17 March (Register at Resource and Referral Office, Bldg 533).  
Date of Season: 22 April - 3 June  
Date of Clinic: 1 April  
Ages: 5 - 15



“See the Bugle for the advertisement”.



## HOURS OF OPERATION:

Monday and Tuesday - CLOSED  
 Wednesday - Friday  
 1 - 9 pm  
 Saturday - Sunday  
 10 am - 6 pm

## PLEASE NOTE:

- Wednesday - Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

## SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the Auto Craft Shop is issued after a safety orientation given every day 15 minutes after opening and again at 5 pm on weekdays. Weekend safety orientation is given 15 minutes after opening and again at 2 pm. This briefing is required before facility use.

## SERVICES

• **Used Vehicle Courtesy Inspection**  
 We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

## PROFESSIONAL SERVICES

**Only  
\$59.95**

### Fuel Injection Cleaning Service: \$59.95

Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage.

### Oil System Cleaning Service: \$59.95

Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate noisy lifters. Environmentally safe (oil & filter extra).

Call for appointment, 263-3615

### • Used car referral service.

New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle for sale on our referral list. All vehicles must be registered to qualify for this free service.

### • Windshield Chip and Crack Repair

Prices start at \$30. Stop by for your

appointment and estimate.

### • Harley Davidson Products

On sale now at your Camp Zama Auto Crafts Shop.

### • Prepaid cards for the car washes

are on sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information.

## TOWING SERVICE AND ROADSIDE ASSISTANCE



We offer a towing service and roadside assistance Wednesday through Sunday.

Call for rates and more information at 263-3615

# Car Wash



Auto Crafts has three car wash locations: Camp Zama, Sagamiara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively. At Sagamiara Housing Area, the car wash is located behind the Sagamiara Gym Annex, Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama, at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

••• Call for more information at 263-3615 •••

**H** Regular business hours will begin 4 January. Textile art (creating with kimonos) is currently not available.



## ■ Arts and Crafts • 263-4412

Stop by to laser engrave a "Torii Gift" for your friends. We have also started engraving marble stone.

### INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for instructors to teach washi paper craft, sawing craft, gift wrapping, Japanese calligraphy, acrylic painting, water color painting and various other arts and crafts. Please contact Mr. Nodera at 263-4412.

### WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Saturday, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety orientation. No fee.

### CUSTOM PICTURE FRAMING

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

### THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

### BALLOON SHOP

We have a message for every special occasion in your life. Helium filled malar balloon range from \$2.75 to \$3.75; latex (many colors) is 75¢ to 85¢. For better service, place your order in advance.

### PRINT SHOP

#### • Screen Printing and Heat Transfer Printing

We have screen printing and heat transfer printing for custom design t-shirts, trucker caps, mug cups, mouse pads, and tiles and aluminum plaques. We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request.

### ..... ARTS AND CRAFTS CLASSES .....

Framing			
Basic	Wednesday	6 - 8 pm	\$10 plus materials
Advance & Refresher		Appointment only	\$10
Washi Paper	Friday	2 - 4 pm	\$15 plus materials
		4 - 6 pm	\$15 plus materials
Ikebana	Thursday ( 1st, 2nd and 3rd)	2 pm	\$15 plus materials
Pottery	Saturday	10 - noon	\$15
Scrap Book Making	Saturday (two minimum registration)	2 pm	\$10
Tole Painting	Thursday and 2nd and 4th Saturday (for beginning and intermediate folk painters)	3 - 5 pm	\$15
Wood Craft	Thursday (safety orientation)	6 pm	Free
	Saturday (safety orientation)	10 am	Free
	Saturday (Class)	2 - 4 pm	\$10

*All classes and orientations require registration in advance at the Arts and Crafts Center.*

## THURSDAY NIGHT

*Special*

- All you can eat pasta, pizza, soup and salad bar.
- We are offering four different pizza toppings and 10 - 15 different kinds of salad.

Adult: \$10.95  
Youth 4 - 7: \$3.95  
8 - 12: \$5.95  
Under 4: FREE

\*\*\* For more information, phone 263-4133 \*\*\*





# ■ Camp Zama Golf Club • 263-4224

<http://www.usarj.army.mil/information/mwr/business/golf/>

## ANNUAL GREEN FEES FOR 2006

**Starting 1 January, all Annual Green Fee cards will include individual photographs. Please plan on having your photo taken when renewing your annual green fee card.**

### NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Thursday, 19 January, 9:30 am, shotgun start. Cost is \$25 for SOFA status golfers plus green fees for non-members. Contact Ernie Harada at 263-4225 to sign up.

### PAYDAY SCRAMBLE (FREE)

Friday, 3 February, 11 am, shotgun start. The \$15 entry fee and green fees for non-members are being paid by MWR. Local national employees can play for ¥4,000 and JGSDF can play for ¥2,000.

### ATTENTION GHIN SUBSCRIBER

It is now time to renew your GHIN

membership for 2006. All subscribers have been deactivated. Please pay the \$20 fee in the golf shop to activate your GHIN membership. The Junior fee for 2006 is \$10 (17 and under).

### TOMODACHI DAYS

Tomodachi Days in January are as follows:

- 6 January - Friday
- 13 January - Friday
- 20 January - Friday
- 27 January - Friday

Your Japanese guests (up to three) can play with you for the low fee of ¥4,000 plus cart. This is a signifi-

cant savings over the regular rate of ¥10,000.

### COMPUTER SWING ANALYSIS

The Zama Golf Club announces "Computer Swing Analysis" using "Total Vision"! Spend an hour with the pros for a detailed analysis of your golf swing using the latest computer technology. Cost is \$50 and includes a take home video tape. Call 263-4224 (Dale Jorgenson) for an appointment.



**Better Opportunity for  
Single Service Member**

### MEETINGS

*\*All meetings are at 2 pm  
at the CCC..*

- **Tuesday, 9 January**
- **Tuesday, 23 January**

"See the Bugle for the advertisement".

# T

he Yano pool, jacuzzi, sauna, steam room, and tanning booths will be closed from 8 January through 31 January for annual maintenance.

## ■ Sports Office • 263-3954/4664

### THREE POINT SHOOT OUT

There will be a "Three Point Shoot Out" on Monday, 23 January, 6 pm, at the Yano Fitness Center. All SOFA status personnel, military retirees, JGSDF, and MLC employees (18 years of age or older and not in high school) are eligible to participate. There will be men's and women's divisions. Commander cup points will be awarded for this event. Awards will be presented for 1st and 2nd place. Please register at the Yano Fitness Center issue counter by Fri-

### WANTED

The Yano Fitness Center is looking for the following:

**Aerobic Instructors  
Yoga Instructors  
Massage Therapist**

Anyone interested, please call the Sports Office at 263-3954/7980.

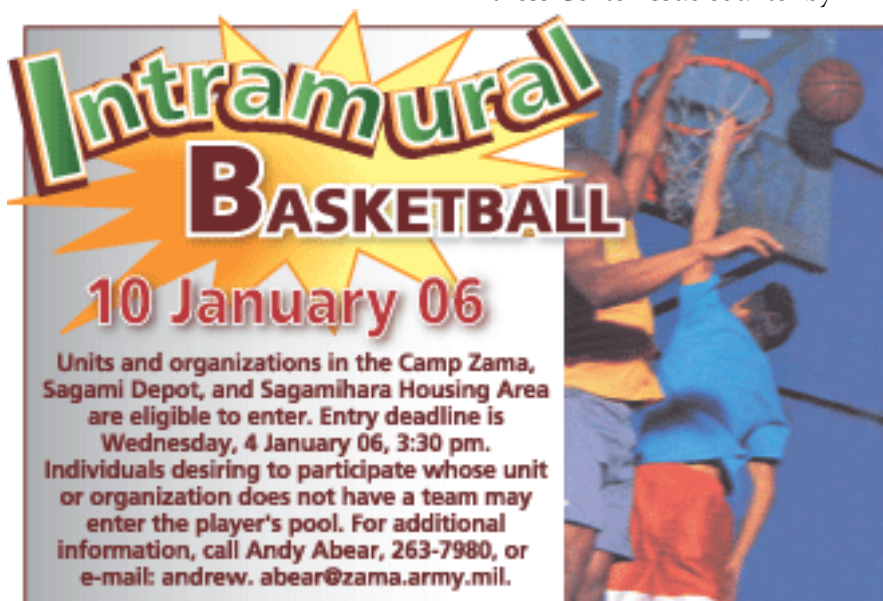
day, 20 January, 5 pm. There is no fee for this event. For additional information, please call Andy Abear, at, 263-7980, or e-mail: [andrew.abear@zama.army.mil](mailto:andrew.abear@zama.army.mil),

### YOGA. "HATHA YOGA"

Hatha Yoga is now being offered on Wednesdays, 5 - 6:30 pm, at the Army Community Service Building. There will be no more classes on Mondays. The cost is \$6 per class or \$20 for 4 classes. Sign-up at the Yano Fitness Center front desk. For more information, call 263-4664.

### JAPANESE SEITAI MASSAGE

Therapy with "Yukari" on Fridays, 5:30 - 8:30 pm, and on Sundays, 11 am - 6 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30



**Intramural BASKETBALL**  
**10 January 06**

Units and organizations in the Camp Zama, Sagami Depot, and Sagamihara Housing Area are eligible to enter. Entry deadline is Wednesday, 4 January 06, 3:30 pm. Individuals desiring to participate whose unit or organization does not have a team may enter the player's pool. For additional information, call Andy Abear, 263-7980, or e-mail: [andrew.abear@zama.army.mil](mailto:andrew.abear@zama.army.mil).



**FREE THROW Competition**  
**30 January, 6 pm**

- Open to all (18 years of age and older and not in high school).
- Men's and women's division.
- Commanders Cup points will be awarded for this event.
- Awards will be presented for 1st and 2nd place
- Entry deadline is 27 January, 5 pm. Please register at the Yano Fitness Center issue counter.
- There is no fee for this event.

\*\*\*\*\* For more information, contact Andy Abear, 263-7980 or e-mail: [andrew.abear@zama.army.mil](mailto:andrew.abear@zama.army.mil) \*\*\*\*\*



minutes. Payment must be made when making an appointment.

#### **MASSAGE THERAPIST**

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days available are Tuesdays - Saturdays (first appointment is 10:30 am and the last appointment is 4 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

#### **THE TANNING BOOTH AND AQUA MASSAGER ARE AVAILABLE FOR USE:**

- **Tanning Booth:** \$2.50/visit, \$20 for 10 visits, \$35 for 20 visits.
- **Aqua Massager:** \$5 for 15 minutes

#### **AQUATICS, 263-5656**

##### • **Learn-To-Swim Program**

The spring "learn-to-swim program" will begin in February. Youth and adult classes are offered. Registration is taken at the Yano Fitness Center. The registration deadline is the Wednesday prior to the start of each session by close of business. Sessions are: February, March, and April.

See flyer for specific details: fees, dates, times, and levels offered. For more information, contact Kimberly Bailes at 263-5656.

##### • **Water Aerobics**

Water Aerobics classes are Mondays, Wednesdays, and Fridays, 5 - 6 pm. See flyer for specific details and cost

##### • **Jacuzzi, Steam Room and Sauna**

The Jacuzzi, steam room and sauna are co-ed at the Yano Fitness Cen-

ter. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance.

#### **WANTED**

**Certified American Red Cross Lifeguards. NAF Flex 01 positions are available. Contact NAF Personnel to apply, 263-4845.**

#### **POOL HOURS**

**263-5037 / 263-5656**

##### **Yano Indoor Pool:**

**Monday - Friday:**  
0600 - 1800

**Saturday, Sunday, Holidays:**  
1000 - 1800  
(unless otherwise posted)

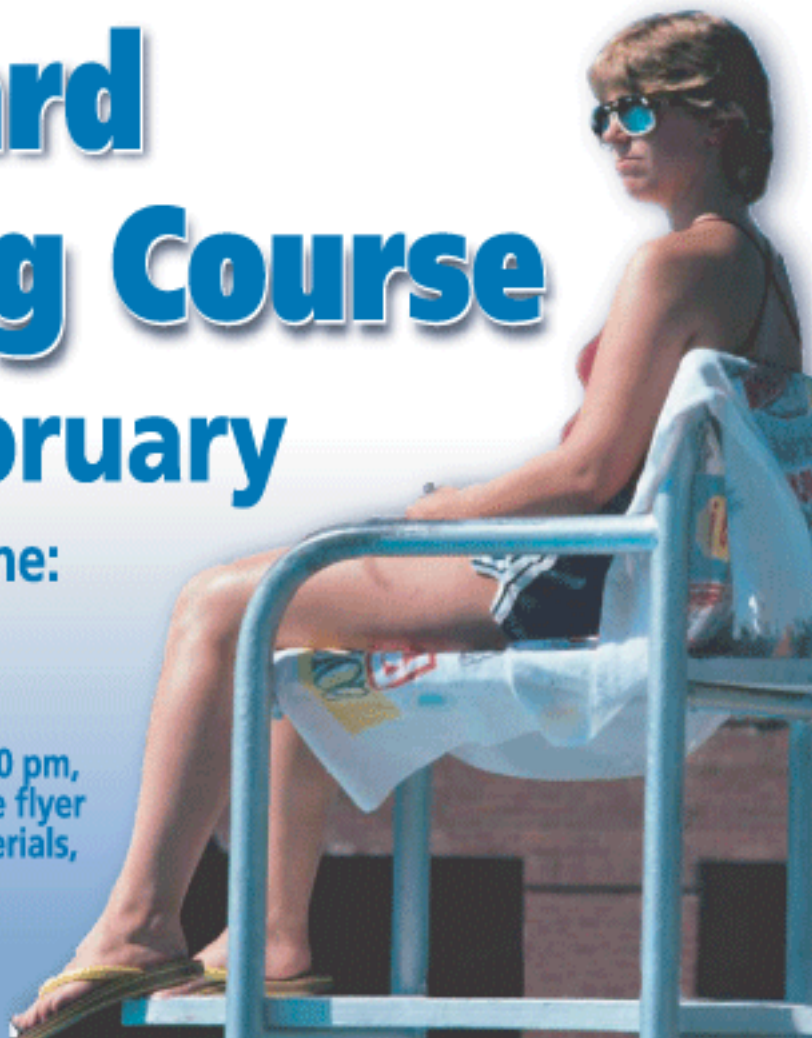
# **Lifeguard Training Course**

## **6 - 25 February**

**Registration Deadline:**  
**25 January**

**Class times are Mondays, Wednesdays, Thursdays, 5 - 8:30 pm, and Saturdays, 9 am - 6 pm. See flyer for prerequisites, required materials, and cost.**

**For more information, contact  
Kimberly Bailes at 263-5656**



# C

heck out our great lunch!!! Sandwiches, salad bar, different entree every day, rotisserie chicken, and Japanese selections are available for your eating pleasure.

## IN THE FIRELIGHT LOUNGE

Variety Music with DJ  
15 January, 9 pm - 1 am.

# ■ Camp Zama Community Club

• 263-4133

## LUNCH

### Sunday

Sunday Brunch (10 am - 1:30 pm)

Adult: \$12.95

Youth 8 - 12: \$4.95

Youth 4 - 7: \$2.50

3 and under: Free

### Tuesday

3 Closed

10 Cajun Roasted Pork

17 Menchi Cutlet

24 French Dip Sandwich

31 Pork Adobo

### Wednesday

4 Italian Sausage w/Peppers

11 Stuffed Cabbage Roll

18 Spanish Chicken

## LUNCH

25 Loco Moco (Teriyaki

Hamburger Steak

w/ Fried Egg

### Thursday

5 Hot Roast Turkey Sandwich

12 Spicy Chicken w/Vegetables

19 Beef Broccoli

26 Tuna Noodle Casserole

### Friday - Smorgasbord

6 • Mini Pork Cutlet

w/Curry Sauce

• Tandoori Chicken

• Fried Egg Rolls

• Rice Pilaf w/Almond

13 • Chicken w/Cajun Sauce

• Beef Fajitas

• Burritos

• Mexican Rice

20 • Teriyaki Fish Fillets

• Sweet Sour Chicken

• Fried Rice

• Yakisoba

27 • Kara Age Chicken

• Pork, Potato and Green

Peppers

• Steamed Shumai

• Fried Rice

**Saturday** - No Lunch

CAMP ZAMA COMMUNITY CLUB

**New** Come try our new BINGO program.

**\$10,000.00**

**BINGO**

Thursday: Cards go on sale at 6 pm. First game starts at 7 pm.

Sunday: Cards go on sale at 5 pm. First game starts at 6 pm.

• Progressive SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up 1 number.

For more information, please call 263-4547.

Camp Zama Community Club

**LEMME**

*R&B Vocalist From Washington, DC!*

**Saturday, 14 January**

**9 - 11 pm**

**IT'S FREE in the Ballroom**

For more information, please phone 263-4547.

**ARMED FORCES ENTERTAINMENT**

[www.lemmeonline.com](http://www.lemmeonline.com)



## DINNER MENU

### Sunday

- 2 for 1 Steak Night
- Limited Menu

### Monday - Closed

### Tuesday

- Limited Menu
- Family Night Dinner (any two meals for \$10 and includes soup and salad bar)
- 10 • Sweet Sour Pork
- Pasta Pescatora
- Roasted Chicken
- Shrimp Etouffee w/Jambalaya
- 17 • Chicken Fried Steak w/Country Gravy
- London Broil
- Roasted Chicken
- Hamburger Steak w/Mushroom Demi Glaze
- 24 • Veal Parmesan on Pasta
- Roasted Chicken
- Fish Florentine
- Chicken Cordon Bleu
- 31 • Bibin Bap

## CLUB CLOSURE

- No Sunday Brunch on 1 January 06; regular operations begin on 4 January 06.
- On Monday, 16 January, CZCC is closed for the Martin Luther King, Jr. Holiday.

## DINNER MENU

- Seafood Newburg Casserole
- Roasted Chicken
- Pork Cutlet w/Curry
- Eda's Closed

### Wednesday

- Mongolian BBQ
- Limited Menu

### Thursday

- Regular Menu
- "All You Can Eat Pizza", plus pasta bar and salad bar (\$9.95)

### Friday

## DINNER MENU

- Regular Menu
- Chef's Special

### 6 Community Night (Firelite Lounge)

Eda's (5 - 9 pm)

13 Eda's (5 - 9 pm)

20 Seafood Night (Eda's closed)

27 Eda's (5 - 9 pm)

### Saturday

- Regular Menu
- Prime Rib Dinner (\$15.95)
- 6 oz Prime Rib and Shrimp Scampi (\$15.95)

28 Eda's (5 - 9 pm)

## OTHER EVENINGS IN THE USA DINING ROOM

- Chef's Special on Friday evenings plus regular menu.
- Prime Rib and Seafood Combo on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!

Camp Zama Community Club • Firelite Lounge

# USAR-J COMMUNITY NIGHT

Friday • 6 January, 5 - 8 pm

Lots of  
finger foods,  
karaoke.

At the door: \$5.00

Advance ticket: \$3.00

Information:  
263-4547

C a m p Z a m a C o m m u n i t y C l u b

# Family Night Dinner Special

Any two meals for  
**\$10**

**Every Tuesday, 5 - 9 pm**  
*Menu will change every week.*

Theme menus such as American, Chinese, Japanese, Korean, Mexican, Italian, etc. "Served with vegetable of the day, choice of baked potato, rice, mashed potatoes, French fries and soup and salad bar".

••• For more information, 263-4133 •••



# W

Wednesday  
night is family night (movie  
for adults and youth).

Sagami Lounge will open for  
lunch on 4 January.

Sagami Lounge will be  
closed to observe Martin  
Luther King Jr's birthday on  
16 January.

## Sagami Lounge January Activities



- Friday, 6 January, 8 pm,  
70's and 80's Old School  
Music w/DJ
- Friday, 13 January,  
8 pm, Country  
Music w/DJ
- Friday, 20 January,  
8 pm, 70's and  
80's Old School  
Music w/DJ
- Friday, 27 January,  
8 pm, Country  
Music w/DJ

MWR

## ■ Sagami Lounge • 268-4954/4847 Orders: 268-4142

### LUNCHES

#### MONDAY

- 2 Closed
- 9 Baked Spicy Chicken
- 16 Closed
- 23 Tandori Chicken  
w/Curry Sauce
- 30 Parmesan Pork Cutlet

#### TUESDAY

- 3 Closed
- 10 Hawaiian Ham Steak
- 17 American Buffet
- 24 German Meat Loaf
- 31 Chinese Buffet

#### WEDNESDAY

- 4 Spaghetti w/Meatballs and  
Garlic Bread
- 11 Hungarian Beef Stew
- 18 Hamburger Steak w/Cheese
- 25 Chicken Pompadore

#### THURSDAY

- 5 Okinawa Chicken Taco Rice
- 12 Lasagna w/Garlic Toast
- 19 Okinawa Style Pork Stew
- 26 Meatball Stroganoff

#### FRIDAY

- 6 Tendon w/Shrimp Over Rice
- 13 Seafood Macaroni Gratin
- 20 Baked Stuffed Salmon
- 27 Fried Catfish

### DINNER SPECIALS

#### TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 10 Mexican Dinner Special
- 17 BBQ Dinner Special
- 24 Japanese Dinner Special
- 31 Pizza and Pasta Dinner  
Special

#### WEDNESDAY NIGHT

Family night movies for adults  
and youth (4, 11, 18 and 25  
January regular dinner menu).

#### THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 5 Korean Dinner:  
Pork and Kimchee Sauce
- 12 Italian Dinner:  
Grilled Chicken
- 19 Japanese Dinner:  
Salmon Saute w/Yuzu Sauce
- 26 Italian Dinner:  
Rib Eye Steak  
w/Lemon Sauce

#### FRIDAY NIGHT

- 6 Steak and Lobster Tail (\$25)
- 13 Prime Rib Set (\$20)
- 20 Steak and Crab Legs (\$25)
- 27 Steak and Shrimp Set (\$20)

#### SATURDAY NIGHT (MONGOLIAN BBQ)

Saturday, 7, 14, 21 and 28  
January.

### HAPPY NEW YEAR!!!

For 2006, Sagami Lounge will strive to continue to provide  
outstanding service to our customers.

- We have added new items to our menu; please come by and  
try them.

## ■ Hob Nob Inn • 267-6097

### HOB NOB NEWS

Looking for a place to host your  
private party? The Hob Nob Inn  
dining room is available Monday -  
Saturday. Dates and times are avail-  
able on a first come, first served ba-  
sis. Room deposits are required to  
hold the date. Please contact the  
Hob Nob Inn for your reservation  
at 267-6097.

### HOURS OF OPERATION:

Monday, Tuesday, and Thursday:  
4:30 - 9 pm  
Wednesday: 4:30 - 11 pm  
Friday: 4:30 pm - 1 am

Saturday: 7 pm - 1 am  
Sunday, Holiday: Closed

### KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A  
great way to get together with your  
friends. Adults only.

### HOB NOB INN Holiday Hours

1, 2 and 3 January ..... Closed  
4 January ..... Regular Operations



Wherever our new MWR logo appears at any Army Installation in the world, you can be sure of our commitment to the highest quality service to our Army community because MWR cares!



HAVE YOU NOTICED?

We stand ready to serve those who defend us and are proud to help promote Army readiness through our wide variety of MWR programs.  
MWR - for all of your life!

OUR MWR LOGO HAS A NEW LOOK!

"See the Bugle for the advertisement".

# spring escapade tours

april 2006

best of china  
discover tibet  
exotic asia  
explore northern india  
northern thailand adventure  
 Cairns adventure  
best of australia  
vietnam & cambodia heritage



**ZAMA INTERNATIONAL TOURS and TRAVEL**  
Military Phone 263-5273, 263-4059 • FAX 263-7507  
Commercial Phone (046) 254-8896 • FAX (046) 255-0358  
E-Mail [travel@zamaitt.com](mailto:travel@zamaitt.com) • Website <http://zamaitt.com>



# M

edical

Morning and Community Tour. Health care professionals provide information about medical care and counseling services. A pharmacy class, mandatory for over the counter medications, will be held on 11 January in the ACS Community Room, 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. IN/OUT Processing Office (263-4122) will schedule attendees. A community bus tour will be conducted immediately following the briefing. Call ACS at 263-8327 to register (tour only). Lunch will be provided.

## ■ Army Community Service • 263-8327

### RELOCATION READINESS, 263-2382

#### • **Newcomer's Train Class Parts I and II**

**Part I** is Thursday, 12 January, 6 - 8 pm, in the ACS Community Room, Building 402. This class will teach you how to read the signs in the stations, buy train tickets, and more.

**Part II** is Saturday, 21 January, at 9 am. Practice how to travel by train and subway. Travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at gate 4.

#### • **English Teachers Network**

Meet on 12 January, noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching.

#### • **Shopping on the Economy**

On 13 January our Japanese experts will take you on a guided tour of a local supermarket and to the ¥100 Shop in Machida. Bring ¥400 for transportation and extra for purchases. Departs Gate 4 at 9:45 am. Children are welcome.

#### • **English Language Class**

Improve your English language skills? A Basic English Language class is held every Monday from 10 am - noon in the ACS Outreach Room, Bldg. 402.

#### • **Japanese Language Class**

Frustrated when you go out the gate and can't communicate? Join our class taught by a native Japanese speaker on Wednesdays from 10 am - noon in the ACS Outreach Room, Bldg 402.

#### • **Sponsorship Training, 263-2382**

Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for Soldiers and civilians who are assigned as sponsors.

#### • **Knitting Class**

ACS offers a knitting/crochet class every Tuesday from 9:30 - 11:30 am in the ACS Outreach Room, Bldg. 402. Stop by and talk to our instructor to get some ideas!

### MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-8089

#### • **Unit Mobilization/Deployment Readiness Training**

Today's Army recognizes that family readiness is inseparable from unit readiness. ACS has several Operation R.E.A.D.Y. (Resources for Educating about Deployment and You) training modules and reference materials available for training Soldiers, civilian employees and their families who are faced with deployment. Please contact 263-5550 to schedule training.

#### • **Pre-deployment and Ongoing Readiness Training, 263-5550**

This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment. ACS offers this training the 2nd Thursday of the month from 3 - 4 pm in the ACS Outreach Room.

#### • **Deployment Readiness Support Group, 263-5550**

If your spouse is deployed, join the support group held the 2nd Thursday of the month from 5:30 - 6:30

## NEWCOMER'S ORIENTATION

**Tuesday, 10 January 06, 8:30 am - 3:30 pm**  
**Camp Zama Community Cultural Center**

- Mandatory for military and civilian personnel. Adult family members are encouraged to attend (free childcare is available by phoning CDS in advance at 263-4743).
- Key personnel will present an overview of the policies and services available, plus key reps from numerous organizations will be on-site to answer questions and provide informational handouts.
- Opening welcome by the Commanding General and the Garrison Commander.
- Enjoy a bus tour and a special "Taste of Japan" luncheon.



# ¥3.9

per minute to the U.S.  
as of 1 October

Thanks to our sponsor, KDDI, for supporting the Newcomer's Orientation Program and the Zama Community.

• For International Calls:  
99 + 001 + Country Code + Area Code + Phone No.





pm in the ACS Community Room, Bldg. 402.

• **Army Family Team Building (AFTB), 263-5550**

Did you know that you can take Army Family Team Building courses online? Levels I, II, and III are all available at your fingertips! Just log onto [www.aftb.org](http://www.aftb.org) and register.

• **Army Family Action Plan (AFAP), 263-5550**

Have an issue or suggestion on how to improve the quality of life for the community? The Army Family Action Plan wants to hear about it! Just log onto <http://www.mwrjapan.jp.pac.army.mil/>

and click on "Submit a 06 AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

**FAMILY ADVOCACY PROGRAM, 263-8327**

• **Family Maltreatment Prevention**

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility. If you, your unit, or organization would like to schedule a class, workshop or seminar contact Family Advocacy at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, call 263-8327.

**NEW PARENT SUPPORT (NPSP), 263-3638**

Cancellation:

- Play Morning, 3 January. Breast Feeding Support Group 5 January.

The NPSP specializes in assisting and offering services to new and expecting parents.

Play Morning is an interactive playgroup for parents and children aged birth - 6 years. Held every Tuesday 9:30 - 11 am at Zama Chapel Child Care Center and every 2nd,

3rd, 4th Thursday 9:30 - 11 am at SHA CDC.

This month's Baby Love Seminar: 26 January during the SHA Play Morning - "Everything You Want to Know About the Exceptional Family Member Program (EFMP)".

**EXCEPTIONAL FAMILY MEMBER PROGRAM.**

The Camp Zama Exceptional Family Member Program (EFMP) provides advocacy and assistance to service members who have family members with special needs. Any family member who requires special medical or educational services must be enrolled. Medical or educational needs that qualify for enrollment include but are not limited to Attention Deficit Hyperactivity Disorder, Asthma, Diabetes, Learning Disorders, Down Syndrome, and Mental Illness, including treatment for anxiety or depression. The "Monthly Parent Support Group", a forum to exchange ideas and share experiences, meets every 3rd Tuesday of each month at ACS from noon - 1 pm.

**COMMUNITY LIFE OFFICE, 263-5550**

• **Volunteer Information**

Learn new skills, meet new people,

explore new career fields, and make a difference by entering the exciting world of volunteerism. To become a Camp Zama volunteer, contact your Army Volunteer Corps Coordinator.

• **Community Information Exchange (CIE)**

The Community Information Exchange is held monthly and it enables community leaders, command spouses, FRG representatives, unit representatives, organization leaders and any military or civilian who would like to attend to come together to share information. The next meeting is 25 January.

**INFORMATION AND REFERRAL, 263-4572**

Information and Referral (I&R) provides information and maps on local, public, private and voluntary agencies and organizations on Camp Zama, military installations throughout Japan, and the local Japanese economy. I&R also conducts initial customer assessment of a general and personal nature and provides confidential client intake services, crisis intervention, and referral and follow-up assistance. I&R provides a vital link between people who need help and the organizations who provide that help.

**AER / FINANCIAL / EMPLOYMENT**

*The Family Subsistence Supplemental Allowance (FSSA) is an initiative to increase the Basic Allowance for Subsistence (BAS) and remove military families from the food stamp program. The following are a few facts about FSSA.*

1. Service members on active duty receiving full or partial BAS are eligible.
2. FSSA is voluntary.
3. The maximum entitlement is \$500 per month.
4. FSSA income must be included when applying for certain other programs based on income, such as school lunch programs and Women, Infants and Children Program (WIC).
5. FSSA requires annual recertification. ACS will pre-screen potential applicants for FSSA, and FSSA will be certified by the chain of command upon receipt of documents from ACS. Applications can be accessed on the web at <http://www.dmdc.osd.mil/fssa/>

\*\*\* For more information, contact Mr. Toney at 263-8091.\*\*\*



**A** rmy Family Team Building, 644-4743. If you are looking for something to do and want to get involved in your Army community, then take advantage of some great volunteer opportunities and get acquainted with the AFTB program at ACS. We offer great training, lots of job experience to add to your resume with our volunteer positions, and fun and exciting activities. In addition, there is helpful information that will assist you in being part of the Army Family.

## ■ Torii Station, Okinawa MWR Activities • 644-4270

### ARMY COMMUNITY SERVICE

#### • **Family Advocacy, 644-4106**

The Family Advocacy Program goal is to promote healthy families. In an effort to do this, Family Advocacy provides various services to enhance and improve family functioning. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715. The point of contact for program or resource information is Cheryl Hogan at 644-4106 or the Installation Victim Advocate at 644-4908.

The Sexual Assault Response Coordinator (SARC) can be reached at 090-6861-6149-24 hours a day. Information about restricted and unrestricted reporting of sexual assault can be obtained from the SARC at 644-4908.

#### • **Exceptional Family Member Program**

The Army Exceptional Family Member Program (EFMP) is designed to

assist families and support command readiness. Special needs are ongoing needs for medical treatment, psychological services and/or special education. The EFMP exists to address special needs in a responsible and compassionate way.

#### • **Relocation Readiness Assistance Program 644-4385/644-4116**

The Relocation Program provides assistance to inbound and outbound individuals. Services include Newcomers Orientation, Welcome Packets, Loan Closet, Sponsorship Training and information about military installations worldwide.

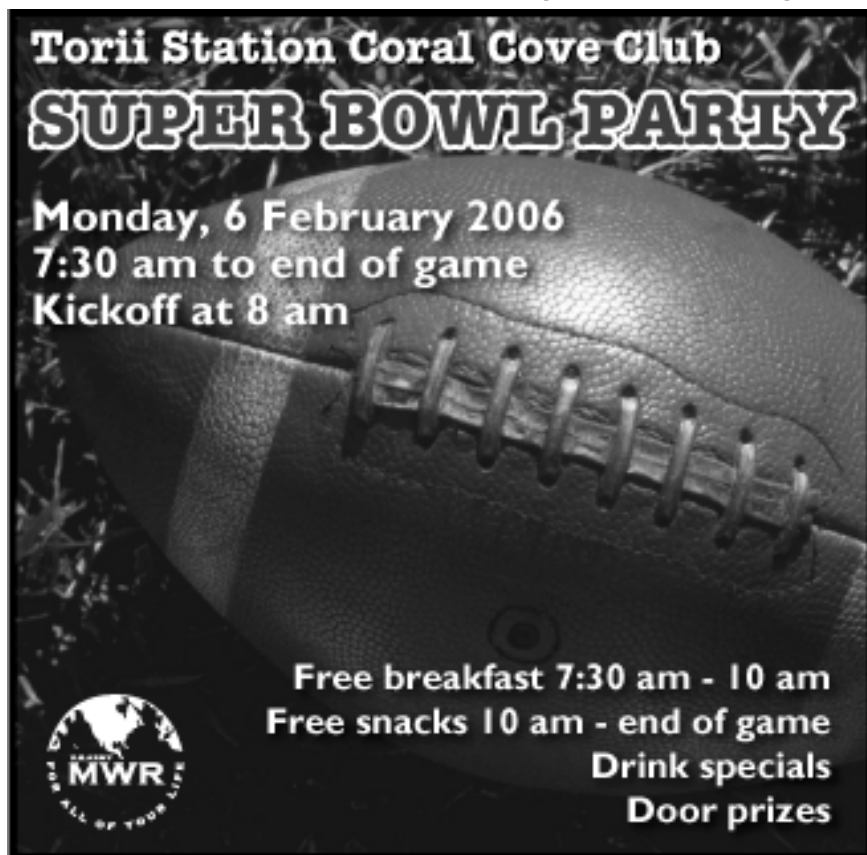
ACS Employment Assistance provides assistance with resume writing and interviewing skills. ACS also provides a listing of jobs available on Okinawa.

ACS provides deployment packets to spouses of deployed Soldiers. The packets contain information that address deployment and reunion issues. ACS also has coloring books and letter writing kits for the children.

ACS will host FRG Leadership Training on January 17 from 9 am - 2 pm in the ACS Conference Room. This training is designed to update Family Readiness Groups on Family Readiness guidelines. The training is valuable for all FRG leaders! The POC for this training is Robin Cordovez, 644-4116.


If you are new to Okinawa or are sponsoring a new Soldier or family, ACS has welcome packets that will help make any Soldier's experience on Okinawa a pleasant one. Please call ahead if more than 2 - 3 packets are needed.

ACS operates a Loan Closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.



**Torii Station Coral Cove Club**  
**SUPER BOWL PARTY**  
**Monday, 6 February 2006**  
**7:30 am to end of game**  
**Kickoff at 8 am**

**Free breakfast 7:30 am - 10 am**  
**Free snacks 10 am - end of game**  
**Drink specials**  
**Door prizes**





Learn to be an efficient and effective sponsor through sponsorship training. This training is mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted as an individual or groups by calling 644-4385.

FSSA (Family Subsistence Supplemental Allowance) was created by Congress to address the problem of service members having to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program. Please contact 644-4378 for eligibility requirements.

• **Consumer Affairs Program,**

This program was designed to help military families who have been treated unfairly at the hands of an insurance agent, financial planner, or others. If you fall into this category, please call the Financial Readiness Program Manager at 644-4378.

• **The Army Family Action Plan**

Conference will be held 6 - 7 February 06. Issues may be submitted through unit delegates or sent directly by email to:

Deborah.Coubrough@okinawa.army.mil at any time throughout the year. Watch for further information as the conference approaches. Delegate Training will be held on Tuesday, 10 January, 9 - 11 am, in the ACS Conference Room. Training for facilitators, recorders, transcribers, issue support, and subject matter experts will be held on 11 January from 9 - 11 am in the ACS Conference Room. For information, phone 644-4743.

Free "English As a Second language" (ESL) classes will begin in January. Classes will meet on Thursdays in the ACS Conference Room, Building 236, from 9:30 - 11:30 am throughout January, February and March. Please call 644-4743 or email Deborah.Coubrough@okinawa.army.mil for further information or to register.

There will be an Army Family Team Building (AFTB) "Venturing

## MLK 5K RUN

**Date:** Saturday, 14 January 2006  
**Check in:** 0700 @ Torii Station Gymnasium (Bldg 266)  
**Race Briefing:** 0730 @ Torii Station Gymnasium  
**Start Time:** 0800  
**Event Details:** 5K Fun Run - Torii Station Perimeter Road (5.7K)  
**Divisions:** Men and Women's (18-29, 30-39, 40+)  
**Eligibility:** All Authorized Facility Patrons.  
**Entry Deadline:** All entries must be received by the Sports Office, Bldg 275, NLT COB 13 Jan 06  
**Same Day Registration:** 0630 @ Torii Station Gymnasium  
**Entry Fee:** \$10.00 or 1,500 yen  
**Late Fee:** \$5.00 (for those who wish to register the day of the event)  
**Refunds:** Refunds will be granted if the event is canceled due to inclement weather or for unforeseen mission related reasons. Those who wish to cancel and receive a refund must notify the Torii Physical Fitness Center within 24 hours of the event.

Applications are available at the Torii Fitness Center. Submit applications via Sports Office, Torii Fitness Center, Bldg 275, Okinawa Japan. For information contact the Torii Physical Fitness Center at 644-4334/4169, or e-mail [james.perry@okinawa.army.mil](mailto:james.perry@okinawa.army.mil)



Out Activity" for AFTB volunteers and any interested Army spouses on Friday, 13 January. Meet at Bldg. 236 on Torii Station at 11 am and carpool to a local restaurant and cultural activity. These activities have been popular with volunteers and spouses who enjoy getting together for a social time while exploring the island. Please call 644-4743 for further information.

**AUTO CRAFT CENTER,  
644-5612**

The Auto Skills Center and its staff of professionally trained mechanics are available to help you solve your automotive problems. A wide range of goods and services are offered at very

reasonable prices.

**HOURS OF OPERATION:**

Tuesday and Wednesday:

CLOSED

Thursday, Friday and Monday:

11 am - 8 pm

Saturday and Sunday:

9 am - 6 pm

**PLEASE NOTE:**

Clean up starts a half hour before closing.

• **Safety Orientation:**

Safety orientations are held daily. This orientation is required before using the Auto Skills Center. This orientation is documented with a DA 3031-1 Qualifications Card.

• **Auto Inspection**

We cannot do the actual inspection

## TORII STATION

# NEWCOMER'S ORIENTATION

(Installation and local community information).

### Tuesday, 3 January, 8:30 am - noon, ACS Conference Room

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This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

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Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; a continental breakfast will be provided.

# ■ Torii Station, Okinawa MWR Activities • 644-4270

but our staff can help you get ready for the inspection and lower your costs by eliminating common problems through a pre inspection service.

## • Film service

Protect your interior from the destructive UV rays and make your driving more enjoyable with the installation of sun blocking film. Prices vary with the model of vehicle and reservations are required. Please check with our staff.

## • Parking / Vehicle Storage

We offer both long and short term parking options for cars and motorcycles. Inside parking is also available; protect your car during typhoons.

Indoor Typhoon Parking \$10  
(\$5 Motorcycle)

TDY Parking \$20  
(TDY Orders Required)

Other than Typhoon and TDY  
Indoor \$10 per night  
Outdoor 5 Days \$20

## • Towing Service

Please check with our staff.

## OUTDOOR RECREATION, 644-4698

Hours of operation (Winter):  
Open 7 days a week, 8 am - 5 pm

• **Make reservations** to use facilities at the Beach Office, Bldg T301. Pavilions (BBQ grill is included)

Small: \$25  
Medium: \$30  
Large: \$40

## • Torii Beach South Camping Area

Enjoy the Torii Beach camping area for only \$5 a lot on the South camping area (for family use). Cost includes a BBQ grill.

## • Bicycle Rental

\$6/day. Explore Torii Beach.

## FREE MOVIES

Free movies are shown at the Coral Cove Club. Look for schedules in the "Island Market" and "This Week on Okinawa".

## ARTS AND CRAFTS CENTER, 644-4303

Monday, Thursday and Friday:  
noon - 8 pm

Saturday and Sunday:  
9 am - 5 pm

Tuesday, Wednesday and  
Holidays: Closed

## • Classes and Services

Framing and matting classes are available for all military patrons and family members. The wood working and ceramics departments are also available for your use.

## LIBRARY, 644-4468

Enjoy the best DVD collection on Okinawa! There are also brand new

adult and children's books. Hours are Tuesday through Saturday, 10 am - 7 pm. The library is located in Bldg 248 across from the Education Center.

## SCUBA LOCKER, 644-4290

The water may have cooled, but you can still stay warm with a new 5/4mm wetsuit. Check out all new 06 products that are starting to arrive weekly. We are now on our winter operating schedule: Thursday through Monday, 9 am - 5 pm. Don't miss the opportunity of a lifetime... Dive with a Whale Shark! This is also an ideal time of year to get all your equipment checked and ready for the summer. As always, the Scuba Locker offers free air fills to all ID card holders?

## • Torii Beach Cabin, 644-4290 (Reservation)

Each cabin will sleep one to six people (max 4 adults) and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television, DVD player and BBQ grill. Visit the Torii Scuba Locker to check in/out. Check in time is 3 pm - 5 pm Thursday - Monday. Check out time is 11 am. \$50 per night.

## CORAL COVE CLUB, 644-4017

### • All You Can Eat Pasta Bar

Every Tuesday, 4 - 10 pm, only \$6.95 in the Seaview Lounge at the Coral Cove Community Club. Two kinds of pasta, marinara and alfredo sauces, a selection of meats and vegetables, garlic bread and a glass of wine.

### • Sunday Breakfast

The buffet includes all of your breakfast favorites and an omelet station for only \$6.95. Children under 12: \$3.95 and children under 5 eat free.

## Coral Cove's Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
2	Closed	3	Grill Line Only	4	Pasta Mania	5	BBQ Ribs	6	Baked Mahi Mahi
9	Fried Chicken	10	Pepper Steak	11	Pasta Mania	12	Herb Roasted Pork	13	Grill Line Only
16	Closed	17	Meatloaf	18	Pasta Mania	19	Vegetable Lasagna	20	Captains Platter
23	Chicken Adobo	24	Salisbury Steak	25	Pasta Mania	26	Sweet and Sour Pork	27	Fish Cutlet
30	Cajun Chicken	31	Beef Stew	Happy New Year!!!					



# ■ Zama Bowling Center • 263-4780

## THIS MONTH'S SCHEDULE

- **Brian Glass Tournament**  
Sunday, 15 January, 11 am - 5 pm.
- **No Tap Tournament**  
Sunday, 22 January, starts at noon - 5 pm.
- **Xtreme Bowling Party**  
Saturday, 28 January, 7 - 10 pm.
- **Free Bowling at Lunch Time**  
Monday - Friday, 11:30 am - 1 pm w/lunch purchase of \$4.50.
- **Free Family Time Bowling**  
Wednesdays, 3 pm thru closing (3 free game limit).
- **Color Pin Bowling on Sundays.**
- **Bowling Lessons for Youth**  
Bowling lessons for youth ages 13 - 17 will begin soon. Instructor is

a USBC certified bronze and Level I coach.

## • Prepaid Bowling Cards

Pre-paid bowling cards are available. Adult, 10 games for \$15; youth, 10 games for \$5 (a saving of \$2.50).

## • Turkey Shoot

All month for league players during league play only.

## BOWLING TIP OF THE MONTH

"Keep Your Arm Swing Loose". The key to a loose arm swing is keeping your thumb relaxed in the ball. In order to have a relaxed grip in the ball, your ball has to be drilled and fitted correctly. If your thumb hole feels loose it will cause you to

## PERFECT GAME OF 300

**Congratulations to Rodney Hargus. He bowled a perfect game of 300 at a neighboring Japanese bowling center in November. "Great bowling Rodney".**

squeeze the ball and muscle your swing. Inserts in the thumb and finger holes can help give you a more secure fit. If you have large webbing at the base of your thumb, add extra bevel all around the top edge of the thumb hole for a better fit.

# ■ Community Libraries • 263-3517

## NEW MCNAUGHTON BOOKS

- At First Sight by Sparks, Nicholas (Best-seller)
- The Camel Club by Baldacci, David (Best-seller)
- The Divide by Evans, Nicholas (Best-seller)
- Gabriel's Angle by Roberts, Nora (Best-seller)
- Anansi Boys by Gaiman, Neil
- The City of Falling Angels by Berendt, John

- Confessions of a French Baker by Mayle, Peter
- Next Man Up by Feinstein, John
- Straken by Brooks, Terry

## NEW DVDS

- Animal Farm ..... Drama
- Aviator ..... Drama
- Late Night Shopping ..... Drama
- Fall Guy ..... Drama (Japan)
- Fighting Elegy ..... Drama (Japan)
- Memories .....

- ..... Drama (Japan Animation)
- Be, Good, Smile Pretty .....
- ..... Documentary
- Daughters of Afghanistan .....
- ..... Documentary
- NYPD 24/7 ..... Documentary
- Europe to the Max: The Heart of France Travel

Check out our web site: <http://www.usarj.army.mil/information/zama/mwr/library/index.htm>



...at a glance

## January ODR/LT Tours

Saturday, 7	0800-1700.....	Yokohama Bay Cruise & World Porters
Sunday, 8	0600-1930.....	Ski & Soak for Beginners (Fujimikogen)
Sunday, 8	0830-1630.....	Antique Jamboree
Saturday, 14	0600-1900.....	Izu Tsumekizaki Narcissus Cape Walk
Saturday, 14	0900-1800 .....	Sportsland Ice Skating
Saturday, 14	0730-1730 .....	Hakone Yunessan Hot Spa
Sunday, 15	0800-1800 .....	Kanazawa Zoo & MM21 District
Sun.-Mon., 15-16	0400-2100 ....	Ski/Snowboard Overnight Trip (Naeba)
Saturday, 21	0700-1300 .....	Nature/Bird Walk (Sagamihara/Asamizo Park)
Saturday, 21	0430-1900 .....	Rock Climbing (Izu Jogasaki)
Saturday, 21	0300-2200 .....	Ski/Snowboard Trip (Happo-one)
Sunday, 22	0830-1630 .....	Tokyo International Quilt Festival
Sunday, 22	1000-1800 .....	Kabuki-za Theatre
Saturday, 28	0500-2000 .....	Snow Shoeing (Unryu Valley)
Saturday, 28	0400-1030 .....	Tsukiji Fish Market
Sunday, 29	0400-2100 .....	Ski/Snowboard Trip (Tanbara)
Sunday, 29	0800-1700 .....	Odawara Castle & Enoshima Aquarium

\*For dates, times and more indepth information, please contact the Outdoor Rec. & Local Tours Office or email: [kayla.mcintyre@zama.army.mil](mailto:kayla.mcintyre@zama.army.mil)

# Directory of MWR Facilities & Additional Activities

## DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611

### Army Community Services Branch

- **Army Community Services** 263-8327  
Mon, Tue, Thu, Fri 0700-1700  
Wed 0700-1500

### ZAMA Golf Club

- Director of Golf 263-4224
- Administrative Office 263-4966
- (All the following golf activities are open during lunch).
- Course/Starter 263-4975  
Mon-Fri 0700-1700  
Weekends & US / Japanese Holidays 0600-1700
- Restaurant** 263-7665  
Mon, Tue, Thu, Fri 0630-1700  
Wed 0630-1800  
Weekends & US / Japanese Holidays 0530-1700
- Pro Shop** 263-5284  
Mon-Fri 0645-1700  
Weekends & US / Japanese Holidays 0545-1700
- Driving Range** Unattended  
Wed - Sat Sunrise-2200  
Mon Sunrise-1930  
Tuesday 1000-2200  
Sun 1600-2200
- Chip Inn & Snack Stand** 263-5834  
Mon-Fri 0800-1600  
Weekends & Hol. 0700-1500

### Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452  
263-5614
- **BOWLING CENTER ZAMA** 263-4780  
Mon-Wed, Sat-Sun 1100-2200  
Thu & Fri 1100-2230  
Holidays Closed
- **BOWLING CENTER DEPOT** 268-4954/4606  
Tue - Sat 1100-2000  
Sun - Mon Closed
- **ZAMA COMMUNITY CLUB** 263-4133  
**Lunch**  
Tue-Thu 1045-1315  
Sunday Brunch 1000-1330
- Cashier & Game Rooms**  
Sun-Thu 1000-2300  
Fri 1000-0230  
Sat 1000-0330
- Catering** 263-4204  
Tue, Thu & Fri 0930-1730  
Wed Apts Only
- Café Roberto**  
Tue-Thu & Sun 1100-2200  
Fri 1100-0100  
Sat 1100-0100
- Cornerstone Game Room (no bar)**  
Tue-Thu & Sun 1000-2300  
Fri 1000-0330  
Sat 1000-0230
- Eda's Seafood & Filet**  
Thu & Sun 1700-2100  
Fri & Sat 1700-2200
- Firelite Lounge**  
Sun, Tue-Thu 1630-2300  
Fri 1630-0330  
Sat 1900-0230
- USA Dining Room**  
Tue, Thu & Sun 1700-2100  
Wed Closed  
Fri-Sat 1700-2200
- **HOB NOB INN** 267-6097  
**Lounge & Game Room**  
Mon, Tue-Thu 1630 - 2100  
Wed 1630 - 2300  
Fri, Sat 1630 - 0100  
Sat 1900 - 0100  
Sun Closed
- Restaurant (Closed)**

## ■ SAGAMI LOUNGE 268-4954 268-4142

- Take Out**
- Lunch** Mon-Fri 1100-1300
- Dinner** Tue-Sat 1700-2000
- Lounge/Game Room**  
Tue-Thu 1100-2200  
Fri 1100-2400  
Sat 1630-2300  
Open during lunch

### Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-7935
- **ARTS & CRAFTS CENTER** 263-4412  
Mon-Tue Closed  
Wed-Thu 1300-2100  
Fri, Sat & Sun 1000-1800  
Open during lunch
- **AUTO CRAFTS SHOP** 263-3615  
Mon-Tue Closed  
Wed-Fri 1300-2100  
Sat-Sun 1000-1800
- **COMMUNITY CULTURAL CTR** 263-3939  
Mon-Fri 0900-2045  
Sat, Sun & Hol Closed  
Open during lunch
- **INTERNATIONAL TOURS** 263-5273  
Mon-Fri 1000-1800  
Open during lunch
- **LIBRARY** 263-3517  
**Zama**  
Mon-Thu 1000-2030  
Fri- Sun & Hol 1000-1800  
Open during lunch
- Depot** 268-4523  
Tue-Thu 1000-1800  
Fri & Sat 0900-1700  
Sun, Mon Closed  
Open during lunch
- Sagamihara** 267-6603  
Tue-Thu 1000-1900  
Fri-Sat 0900-1800  
Sun, Mon & Hol Closed  
Closed for lunch 1400-1500
- **OUTDOOR RECREATION** 263-4671  
US Holidays Closed
- Vehicle Rental/Equipment Rental**  
Mon-Fri 0900-1730  
Sat-Sun 0800-1600  
Open during lunch
- Local Tours** 263-4671  
Mon-Fri 0900-1730  
Open during lunch
- Animal Boarding Kennels** 263-5915  
Mon-Fri 1000-1700  
Sat-Sun 1000-1600  
Closed for lunch 1230-1330
- Hardy Barracks Lodging** 229-3270
- Kure Lodging** 256-2580
- **POOLS** 263-5656  
**YANO** 263-3954  
Mon-Fri 0600-1800  
Sat-Sun, Holidays 1000-1800
- SHA (Summer)** 267-6122  
Mon-Tue & Fri 1200-1800  
Sat-Sun 1100-1800  
Wed-Thu Closed
- DEPOT (Summer)** 268-4840  
Wed-Sat 1200-1800  
Sun-Tue Closed
- **SPORTS/FITNESS CENTER** 263-4664  
**Zama** 263-3954  
Mon-Fri 0530-2030  
Sat-Sun, Holidays 1000-1800
- Sagamihara** 267-6762  
Mon-Sun Open 24 hrs
- Depot** 268-4729  
Mon-Fri 1100-2000  
Sat-Sun 1000-1800  
Holiday 1000-1800

### Child and Youth Services Branch

- **ADMINISTRATIVE OFFICE** 263-5701
- **Child & YS Coordinator** 263-8086
- (All the following CDC facilities are open during lunch.)
- Resource and Referral Office** 263-4743  
Mon-Fri 0830-1730
- Depot Dev Group Home** 268-4625  
Mon-Fri 0830-1730
- Sagamihara CDC** 267-6564  
Mon-Fri 0530-1800
- Zama CDC** 263-4992  
Mon-Fri 0530-1800
- **YOUTH SERVICES**  
**Depot Youth Center** 268-4625
- Zama Youth Center** 263-4500  
Mon-Thu 1430-2000  
Fri 1430-2200  
Sat 1200-2200  
Sun 1400-1800
- School Age Services (SHA)** 267-6317  
Mon-Fri 0630-1800
- Youth Sports** 263-5437  
Mon-Sat 0900-1800  
Open during lunch
- **ADMINISTRATIVE OFFICE** 263-5962

### Zama Lodging

- **ADMINISTRATIVE OFFICE** 263-3293
- Reservation Desk** 263-2775
- Front Desk** 263-3830  
Open 24 hours/7 days a week

### USAG-J Okinawa MWR

- **MWR OFFICE** 644-5396
- **ARMY COMMUNITY SERVICE**  
Director 644-4110  
Receptionist 644-4175  
Relocation Coordinator 644-4385  
Outreach/Volunteer Coordinator 644-4116  
Finance/Consumer Affairs/AER 644-4378  
School Liaison Officer 644-4908  
Family Advocacy 644-4106  
AF TB / AFAP Manager 644-4743
- **ARTS & CRAFT CENTER** 644-4303  
Lobby 644-4706
- **CORAL COVE COMMUNITY CLUB**  
Business Manager 644-4894  
Lounge 644-4306  
Cashier Cage 644-4426
- **LIBRARY** 644-4468  
Staff Room 644-5335
- **MARKETING** 644-4703  
Commercial Sponsorship 644-4495  
Graphic/Illustration 644-4665
- **MOVIE THEATER** 644-4381
- **SPORTS/OUTDOOR REC** 644-4144  
Customer Svc/Pavilion Rental 644-4334  
Sports Specialist 644-4797  
Event Coordinator 644-4169  
Swimming Pool 644-4389  
Scuba Locker 644-4795  
Retail Sales 644-4290  
Equipment Issue 644-4263  
Parks, Picnic & Beach 644-4698

### Kure Harbor Club

- **MWR Office** 0800-1630 256-2580  
256-2581
- **Outdoor Recreation** 0900/1700 256-2575
- **Dining Room**  
Mon-Fri (Breakfast) 0700-0830  
Mon-Fri (Lunch) 1130-1300  
Tue-Sat (Dinner) 1630-2000
- **Bar**  
Mon 1630-2000  
Tue-Sat 1630-2200
- **PX / CLASS 6**  
Mon-Fri 0900-1730  
Sat 1130-1530



# seafood feast

Camp Zama Community Club  
Ballroom

Friday, 20 January  
1700-2100

Adult.....\$19.95

Age 8-12.....\$11.95

Age 4-7.....\$7.95

Tickets at the door will  
cost an additional \$2.00.

## Menu

Chinese Crab Meat Egg Drop Soup  
Peel-n-Eat Shrimp with Cocktail Sauce  
Hot Snow Crab Legs  
Broiled Red Snapper with Herb Sauce  
Grilled Tuna Steak with Barbara Sauce  
Fried Popcorn Shrimp  
Fried Cod with Chinese Sauce  
Paella Valenciana  
Gratin Potatoes  
Hush Puppies  
Hot Vegetables  
Roll and Butter  
Salad Bar  
Assorted Dessert

Inquiries: 263-4547





**Zama Community Club**  
**6 FEBRUARY 2006 (Mon)**  
Doors Open at 7 am – Kickoff at 8 am

SPECIAL APPEARANCE BY THE  
"OAKLAND RAIDERS"  
CHEERLEADERS

**"ADULTS ONLY"**

# SUPER BOWL PARTY - XL

**IT'S ALL FREE** including a fantastic breakfast buffet and mid-morning snacks courtesy of your Camp Zama Community Club

**"COME EARLY"!!! 100 FREE T-SHIRTS WITH THE USA FLAG**  
(courtesy of Coors) and **50 FREE** stainless steel coffee mugs (courtesy of Japan Telecom)

## PLUS, WIN GREAT DOOR PRIZES:

- Two roundtrip airline tickets to the USA (courtesy of United Airlines)
- Electronic merchandise (courtesy of your Camp Zama AAFES)
- NBA sweatshirts (courtesy of NBA Japan)
- Food coupons from TGI Friday's and Outback Steakhouse
- Three iPods (courtesy of the DYDO Drink Co.)
- \$100.00 AAFES gift certificate & \$100.00 military access card (courtesy of Japan Telecom)

For additional information, please phone 263-5995

**THANKS TO OUR SPONSORS FOR SUPPORTING THE CAMP ZAMA COMMUNITY.**

Sponsorship does not imply endorsement by the U.S. Government.

